TRAINING GUIDELINES for WORKSHOPS - Project TOOLS TO FLY

1. Title of the training course	Media tools for learning and having fun
2. Objectives of the training course	Use of digital tools to improve participants computer skills; exchange knowledge and experiences between the participants; gain confidence in themselves;
3. Short description of the course content	The participants have to make photos of other participants from the group, to use different media effects and to prepare post cards for their families;
4. Target group(s)	A group of 7 alcohol-addicted people
5. Methodology	Photos, Photo program, Power Point program, Movie-Maker program
6. Course duration & follow-up activities	2 sessions x 3 hours Evaluation Feedback from the families
7. Necessary materials/resources	Camera, Chairs, Computer Programs Knowledge about alcohol-addicted people, laptops with programs, internet, photos
8. Exercises	- Know each other - Name and skills - Chairs-Feelings Game - doing photos of each other - doing photos of usual places of the daily life - chosing some photos and putting some effects on the photos - creating postcards and a calendar with a Photo Shop program

9. Course evaluation from the trainees	High satisfaction with the WS developed
10. Conclusions from the trainer	"Alcoholism and drug dependence can affect all aspects of a person's life. The social problems arising from alcoholism are serious. Alcoholism is associated with loss of employment, which can lead to financial problems. It is a big challenge to work with groups who are addicted to alcohol. They are not open-minded, not able to trust, they use social contacts rarely and they feel distanced from their feelings. The idea is to show them that media can be used for learning, for having fun and the most important - to try to make a contact with their families again."